SpNQ-20

Each person has its own and unique point of view. The following statements were mentioned by several other patients, and they must not necessarily apply to yours. Please read the statements you will find here carefully and then indicate how true each is for you and your current situation by circling one number per line. When you do have a respective need (“Yes”), then indicate how strong it is. Otherwise, circle the “No” option.

Please be as honest and true as possible: There is no ‘right’ or ‘wrong’ answer.

During the last time, did you have had the needs …

<table>
<thead>
<tr>
<th>Agreement</th>
<th>If YES, how strong is this need?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>somewhat</td>
<td>strong</td>
</tr>
<tr>
<td>very</td>
<td>strong</td>
</tr>
</tbody>
</table>

- To talk with others about your fears and worries?
- That someone of your religious community (i.e., chaplain, pastor) cares for you?
- To reflect back on your life?
- To dissolve open aspects of your life?
- To plunge into beauty of nature?
- To dwell at a place of quietness and peace?
- To find inner peace?
- To find meaning in illness and/or suffering?
- To talk with someone about the question of meaning in life?
- To talk with someone about the possibility of life after death?
- To turn to someone in a loving attitude?
- To give away something from yourself?
- To give solace to someone?
- To forgive someone from a distinct period of your life?
- To be forgiven?
- To pray with someone?
- That someone prays for you?
- To pray for yourself?
- To participate at a religious ceremony (i.e. service)?
- To read religious / spiritual books?
- To turn to a higher presence (i.e., God, Allah, Angels, Saints)?
- For being completely well?
- To feel connected with family?
- To pass own life experiences to others?
- To be assured that your life was meaningful and of value?
- To be re-involved by your family in their life concerns?
- To receive more support from your family?

In case you have further specific needs you would like to let us know:

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* Some items are optional (‘informative’) items not used for the scales